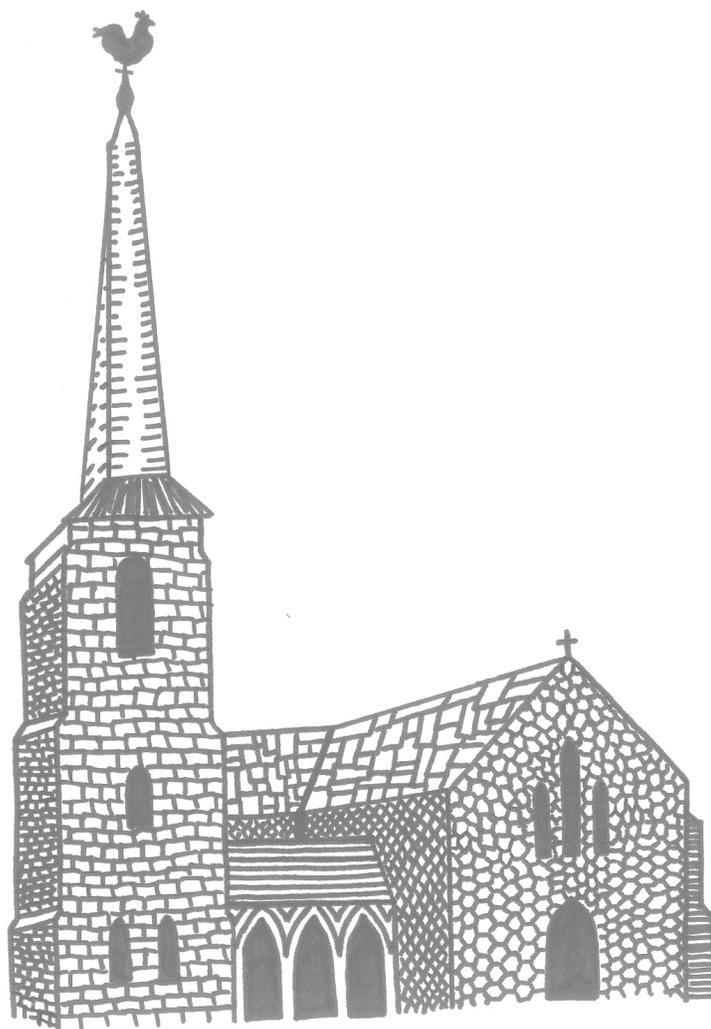


ENTER, REST AND PRAY



SERVICE OF HOLY EUCHARIST

SUNDAY, AUGUST 25, 2019

ELEVENTH SUNDAY AFTER PENTECOST



CHRIST CHURCH
ON CAPITOL SQUARE

A PARISH OF THE EPISCOPAL DIOCESE OF NORTH CAROLINA



CHRIST CHURCH

ON CAPITOL SQUARE

WELCOME TO CHRIST CHURCH!

We're glad you're here. Please help us get to know you by filling out a welcome card and placing it in the offering plate.

To learn more about Christ Church and getting involved, please contact Cooper Bratton, our Parish Life Coordinator - cbratton@ccral.org.

Children of all ages are welcome to join us for worship. There are canvas bags with activities and coloring pages, and red sensory bags are available for worshipers with sensory sensitivities. Nursery care is also available for kids from birth through age 4. Greeters at the Church entrances can assist you with an activity bag and/or direct you to our nursery.

PRAYER CONCERNS & PASTORAL CARE

During regular office hours, please contact Sarah Hardesty - shardesty@ccral.org or (919) 834-6259 ext. 106 - for pastoral care needs. During non-business hours, emergency contact numbers for clergy are available at the number above.

ABOUT OUR LITURGY

The Book of Common Prayer (BCP, the red book in your pew) contains our prayers and services for our life as a church. We call these our liturgies. Our liturgies for Holy Eucharist, Baptism, Marriages and Burials, daily prayers, and for prayers and worship over almost any human experience live deep within the words of the BCP.

For a more in-depth look at the Episcopal Church and our beliefs, we invite you to look at page 845 of the BCP.

IN YOUR PEW

"BCP" *The Book of Common Prayer* (red book)

Hymn *The Hymnal 1982* (blue book)

Service Music (S) references are found in the front of *The Hymnal 1982*.

Large print versions of *The Book of Common Prayer* are available from any member of the usher team.

LITURGY GUIDE FOR THIS BULLETIN

Bold Text - Spoken by congregation

Text - Spoken by leader

Italic Text - Service rubrics

CLERGY

The Rev. James P. Adams
Rector

The Rev. Jennifer C. Brown
Senior Associate Rector

The Rev. Mary Davila
Assistant Rector

The Rev. Daniel J. Reeves
Associate Rector

CHURCH & PARISH HALL EQUIPPED WITH HEARING LOOPS

We have completed installation of a Hearing Loop in the Church for those who have t-coil hearing aids and cochlear implants. Our Parish Hall also has a Hearing Loop system. Please let us know if you have any questions regarding this exciting new resource - 919-834-6259.

THE FLOWERS ON THE ALTAR in the Church are given to the Glory of God and in loving memory of Anne Burr and Haywood Clark Smith, Edith Clark and Gordon Smith, and Ess and Montie Burr.

VOLUNTARY

Trio Sonata in D Major, HWV 385, I. Adagio, IV. Vivace G.F. Handel
Joseph Robinson & Martin Brinkley, oboes; Samuel Brinkley, cello

INTROIT

We wait for Thy loving kindness, O Lord William McKie
We wait for thy loving kindness, O God, In the midst of thy temple
O Lord, send us now prosperity.
O God, according to Thy name
So is Thy praise unto the world's end
Thy right hand is full of righteousness
Alleluia
We wait for thy loving kindness, O God, In the midst of thy temple
O Lord, send us now prosperity. Amen.

PROCESSION *Please stand.*

Christ is made the sure foundation Hymn 518

THE WORD OF GOD

OPENING SENTENCES

BCP 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

CANTICLE: **Benedictus est Domine**

S 236

THE COLLECT OF THE DAY

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

CHILDREN'S HOMILY & BLESSING OF THE BACKPACKS *Please be seated.*

Students of all ages are invited to come forward and sit in the crossing (on the carpet) for the Children's Homily & Blessing of the Backpacks

SCRIPTURE READING

Jeremiah 1:4-10

The word of the Lord came to me saying,

“Before I formed you in the womb I knew you,

and before you were born I consecrated you;

I appointed you a prophet to the nations.”

Then I said, “Ah, Lord God! Truly I do not know how to speak, for I am only a boy.” But the Lord said to me,

“Do not say, ‘I am only a boy’;

for you shall go to all to whom I send you,

and you shall speak whatever I command you,

Do not be afraid of them,
for I am with you to deliver you,
says the Lord.”

Then the Lord put out his hand and touched my mouth; and the Lord said to me,
“Now I have put my words in your mouth.

See, today I appoint you over nations and over kingdoms,
to pluck up and to pull down,
to destroy and to overthrow,
to build and to plant.”

Reader: The Word of the Lord.

People: Thanks be to God.

GOSPEL HYMN *Please stand.*
King of Glory, King of Peace

Hymn 382

GOSPEL READING

Luke 13:10-17

Priest: The Holy Gospel of our Lord Jesus Christ according to Luke.

People: Glory to you, Lord Christ.

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, “Woman, you are set free from your ailment.” When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, “There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.” But the Lord answered him and said, “You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?” When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

Priest: The Gospel of the Lord.

People: Praise to you, Lord Christ.

SERMON

The Rev. James P. Adams

THE NICENE CREED

BCP 358

THE PRAYERS OF THE PEOPLE

page 7 (of this bulletin)

THE PEACE *Please stand.*

ANNOUNCEMENTS *Please be seated.*

THE HOLY COMMUNION

OFFERING OF OUR GIFTS TO GOD

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. (Ephesians 5:2)

OFFERTORY ANTHEM

Greater love hath no man

John Ireland

*Many waters cannot quench love,
neither can the floods drown it. Love is strong as death.
Greater love hath no man than this,
that a man lay down his life for his friends.
Who his own self bare our sins in his own body on the tree,
That we, being dead to sins, should live unto righteousness.
Ye are washed, ye are sanctified,
ye are justified in the name of the Lord Jesus.
Ye are a chosen generation, a royal priesthood, a holy nation;
That ye should show forth the praises of him
who hath call'd you out of darkness into his marvellous light.
I beseech you brethren, by the mercies of God,
that you present your bodies, a living sacrifice, holy,
acceptable unto God, which is your reasonable service.*

DOXOLOGY *Please stand.*

Praise God from whom all blessings flow; praise Him, all creatures here below. Praise Him above, ye heavenly host; praise Father, Son, and Holy Ghost.

THE GREAT THANKSGIVING

BCP 361

SANCTUS

S 128

THE LORD'S PRAYER

BCP 364

THE BREAKING OF THE BREAD

BCP 364

FRACTION ANTHEM

S 161

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

ADMINISTRATION OF THE SACRAMENT *Please be seated.*

*All baptized Christians, of all ages, are welcome to receive Holy Communion.
If you would like a blessing instead, place your hands on your heart.
For a gluten-free wafer, extend your hands, palms down.
Please notify an usher if you would like to receive Holy Communion at your seat.*

EUCCHARIST ATHEMS

Antiphonal Praise

Paul Alvah

Joseph Robinson & Martin Brinkley, oboes

Ave verum corpus

W.A. Mozart

*Hail the true body, born
of the Virgin Mary:
You who truly suffered and were sacrificed
on the cross for the sake of man.
From whose pierced flank
flowed water and blood:
Be a foretaste for us
in the trial of death.
[O sweet, O merciful, O Jesus, Son of Mary.]
[Have mercy on me. Amen.]*

EUCCHARIST HYMNS

I come with joy to meet my Lord

Hymn 304

There's a wideness in God's mercy

Hymn 469

How lovely is thy dwelling-place

Hymn 517

SENDING OUT OF LAY EUCCHARISTIC VISITORS

Priest: In the name of this congregation, I send you forth bearing these holy gifts
to _____ that *they* may share with us in the communion of Christ's body
and blood.

All: Because we who are many are one body in Christ, we share one bread, one
cup.

PRAYER OF THANKSGIVING *Please stand or kneel.*

BCP 365

BLESSING

PROCESSION *Please stand.*

All my hope on God is founded

Hymn 665

DISMISSAL

The People respond: Thanks be to God.

VOLUNTARY

Psalm Prelude, Set 2, no. 3

Herbert Howells

PRAYERS OF THE PEOPLE: FORM III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on Sifa, Chris Simmons, Bishop Estill, Matt Paramore, Billy Beal, Patti Schneider, Les Basnight, Mike Tucker, Carole Nicholson, Jeremiah Starling, Nick Young, Jim Razor, Betsy Hicks, Melissa Benton, Burks Crumpler, Caryl Jeffrey, James Simpson, Nick Smith, Cathy Kennison, Deborah Campbell, Douglas Bagley, Marianne Ford; and those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed, especially Steven Dale Schuster, husband of Mary Anne Howard, and Forrest Allen Smith, father of Dana Parrish, eternal rest;

Let light perpetual shine upon them.

We praise you for all your saints who have entered into joy, especially Anne Burr and Haywood Clark Smith, Edith Clark and Gordon Smith, and Ess and Montie Burr, in whose memory the altar flowers have been given;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. We pray for those expecting the birth of a child: Katie and Bose Bratton, Ellen and Peter Richmond, Alex and John McElroy, and for the refugee families being mentored by this congregation. On this day, we pray especially for students and local school employees as they begin another year of instruction.

Silence

We thank you, Lord, for all the blessings of this life, especially for the birth of Sutton Karl Smith, son of Jacquelyn and Brett.

People may add their own petitions.

The Celebrant adds a concluding Collect.

Christ Church PARISH WEEKLY

SUNDAY, AUGUST 25, 2019

ELEVENTH SUNDAY AFTER PENTECOST

Vestry Person of the Week

Curt Brewer

919-781-0495

cbrewer@smithlaw.com

Morning Prayer Leader

Harry McKinney

Today: Homecoming Celebration!

Following the 10 a.m. service, from 11 a.m. to 1 p.m., we'll have BBQ and fried chicken from White Swan, with all of your favorite sides for lunch, bounce houses for the kids and fun activities for all. All are welcome! Cash, check, and card donations will be accepted in the Commons for lunch. This is our opportunity to welcome everyone back after summer travels and learn about the program year ahead at Christ Church.

SERVING TODAY

ALTAR GUILD

Group V - Patti Kilpatrick & Cyndi Hall

VERGER

Jay Alley

ACOLYTE LEADERS

Bill Allen, John Livesay

USHERS

Chip Payne Team
Erla Beegle & Jack Arnold

LECTORS

Richard Barnes, Suzanne McLarnon, Greg
Parsons, Valerie Cozart

CHALICE BEARERS

Luke Harvin, David Cozart, Dane Huffman,
Marti Medford, Stannie Brewer, John
Adams, Donnie Womble

CANDLE GUILD

Lynda & Trevor Scott

FLOWER GUILD

Patt Kelly, Margaret Dickson, Susan
Johnson

Next Sunday: Sept. 1

Twelfth Sunday after Pentecost

Preaching: The Rev. Daniel J. Reeves

8 a.m. Holy Eucharist I - Chapel

10 a.m. Holy Eucharist II - Church

5 p.m. Contemplative Eucharist -
Church

Hello... My Name Is

For Homecoming Sunday and throughout the month of September, we are asking you to put on a name tag. We hope to emphasize Christ Church's welcoming environment for newcomers and lifetime members alike. At each entrance of the church, there will be a table with nametags and markers. Please fill one out and wear it while at Christ Church. Thank you for your help with this initiative!

During the 10 a.m. Service: Blessing of the Backpacks

Today during the children's homily at the 10 a.m. service, students of all ages are invited to join us for a Blessing of the Backpacks.

Service Schedule Changes Sept. 8

Our regular worship schedule of services at 8 a.m., 9 a.m., 11 a.m., and 5 p.m. will begin on Sunday, Sept. 8. This will also be the first day of Sunday School for children and youth and Adult Christian Formation classes.

Music Ministry

Beginning Sept. 11: Wednesday Service of Choral Evensong

Wednesdays this fall, join us for Choral Evensong at 6:15 p.m. at Christ Church. This will be a 45-minute service of sung prayer, intended to center us in solace, reverence, and contemplation, and serve as an escape from the chaos of daily life. The service will be sung by The Adult Choir, The Choristers & Lay Clerks, and the Evensong Choir, combining program and ministry with musical excellence as we worship in our beautiful, candlelit church. You can learn more about this service at <http://ccral.org>.

Join Christ Church's Training Choir Program!

Did you know, within the walls of our church on Sunday mornings, you hear the music of an internationally-acclaimed choir? Did you know that your child has the opportunity to be part of this tradition, and to benefit from the instruction of our highly energetic, experienced and credentialed music staff? Consider enrolling your child in our Training Choir (grades 3-5) or our Full Choristers (through grade 12). Beginning with an opening party on Aug. 18, meeting times for both the Training Choir and Full Choristers are on Sunday afternoons (1:15 p.m. - 2:15 p.m.), and Tuesday evenings (6 p.m. - 7:30 p.m., dinner provided). Contact David Harrison - dharrison@ccral.org - to learn more about our Training Choir, or David Jernigan - djernigan@ccral.org - to schedule an audition for the Full Choristers.

Calling all K-3rd Graders!

Cherub Choir begins on Wednesday, Sept. 18. Weekly rehearsals will be held Wednesdays at Christ Church in the choir room from 4:45 p.m. until 5:30 p.m. We'll sing at the 9 a.m. service roughly once each month. No sign up or previous experience necessary, just show up with a desire to make a joyful noise! Contact Caroline Braswell with questions 919-271-3935, or carolinebraswell@gmail.com.

Parish Life

Sept. 20: David Jernigan in Recital

Christ Church Organist and Choirmaster David Jernigan will open the church's 2019-2022 concert series with a recital of virtuosic music for organ. This will take place Sept. 20, at 7 p.m. in the Church. This is a free, public event but there is a suggested \$15 donation and all proceeds will benefit the Community Music School. The recital will feature several pieces with flashy pedal cadenzas, colorful music inspired by the French opera, and music from the Church of England inspired by the psalm. A reception will follow in the Commons.

Parish Life

Sundays at 4 p.m. - Weekly Young Adults Book Discussion

This summer, the Young(ish) Adults will gather at their regular time of 4 p.m. on Sundays, in the Library, for a book discussion. The group will read and discuss "Walk in Love: Episcopal Beliefs and Practices." Using the book and the online videos that accompany it, we plan to consider the prayers, sacraments, and teachings of the Episcopal Church. This discussion series will run through Aug. 25. The group will not meet on Sept. 1.

Sept. 18: Lunch & Learn

Richard Upjohn designed Christ Church as an English parish church, complete with a bell tower. For more than a century, the bell tower was the service bell. That changed in 1987 with the introduction of English change-ringing. Come hear the history of our bells and learn what makes change ringing a unique folk-art. This event will begin at 11:30 a.m. Your guide will be John Mabe, a charter member of Christ Church's own band. RSVP for lunch (\$6) by Sept. 15, to Lin Boyle - lboyle@ccral.org.

Wine and the Word

Wine and the Word will begin our fall session on Wednesday, Sept. 18. This session we will be reading "Meeting Jesus Again for the First Time," by Marcus J. Borg. This women's group meets the first and third Wednesdays of the month. Our meeting on Sept. 18, will be held at the home of Allison Guess - 1005 Hemingway Drive - at 7 p.m. We're welcoming new members! This is a great time to consider joining this group. If you have any questions, please contact Paola Learoyd at pmrunc@gmail.com, or Shannon Johnson at sjohnson3rd@bellsouth.net.

Prime Time

The first meeting of Prime Time for the 2019-2020 program year will be held Tuesday, Sept. 10, at 6:30 p.m. at the home of Nancy Brockman - 107 Aspen Hollow Court, Cary. Cost is \$10 per person. Please RSVP to Carleen Shaffer - lcjshaffer@yahoo.com - or by calling the church by Friday, Sept. 6.

Save the Date for the 2019 ECW Art Show & Sale

The Episcopal Church Women (ECW) will host its biennial Art Show and Sale on Thursday, Nov. 7, in the Christ Church Commons. This fundraiser will include works from artists in our parish and the broader community. Proceeds from the Art Sale support the ECW's community outreach organizations. If you have any questions, or would like to learn more about getting involved, contact Adrienne Brewer - adrienne.brewer@gmail.com - or Katie Dunn - katherine.y.dunn@gmail.com.

Outreach

2nd Hope for Jesus Children Home Fundraiser - Oct. 10

Please save the date and make plans to join us on Thursday, Oct. 10, at Junction West - 301 West Street - for a fundraiser benefitting Hope for Jesus Children's Home. Tickets for the event will be available for purchase after Labor Day. Contact Sallie Grubb - 919-801-6077 - if you have any questions.

Thank you Backpack Drive Supporters!

Thank you to all who supported the backpack and pencil case drive benefitting children in our community whose families have come to the U.S. as refugees. Christ Church partnered with Lutheran Services Carolinas for this outreach project, and thanks to your generous donations, we were able to fulfill all backpack requests. At our distribution events at two local apartment complexes, volunteers enjoyed crafts and snacks with some of the backpack recipients, several of whom did not want to take their new backpacks off the entire afternoon! Thank you to Caroline Campbell, Ramona Holdstock, and Alex Bean for organizing this donation drive for our parish!

Worship

Oct. 1: Tuesday 8:05 a.m. Holy Eucharist in the Chapel

Beginning Tuesday, Oct. 1, we will resume our weekly Tuesday Service of Holy Eucharist at 8:05 a.m. in the Chapel. This brief service is a wonderful way to start your day!

Oct. 3: Usher Training Event

Ushers serve an important role in helping our worship services run smoothly and orderly. They assist in many ways, including finding seating, accessibility, passing the offertory plates, and guiding people to the altar for Eucharist. We are in need of additional ushers and we'd love for you to join this wonderful group - all are invited to participate in this ministry. Contact the Rev. Daniel Reeves with questions - dreeves@ccral.org. You can also contact Sarah Hardesty - shardesty@ccral.org. We'll have a training for all new and current ushers on Oct. 3.

Children's Ministry

Sunday School Registration

Is your child between the age of 8 weeks old and 5th grade? If so, please take a few minutes to register them for nursery care/Sunday School classes for the upcoming year. Visit <http://bit.ly/CCSSReg> provide the information needed. Thank you in advance for your help!

An Invitation to all 4th & 5th Grade Girls - Join the GGs!

Formerly called 4th & 5th Grade Girls Bible Study, now called the GGs (God's Girls) - you're invited to attend a very lively weekly Bible study with Sloane Brooks and Anna Smith. The group will begin Monday, Sept. 16, from 4:30 p.m. until 5:30 p.m. at Sloane's home. This year we will enjoy lessons from *God and Me* and *You're God's Girl*. Please email Sloane Brooks - sbrooks@ccral.org - for more information and/or to sign up.

Kids with Purpose Begins Sept. 24, Registration Now Open!

Kids with Purpose is a children's outreach ministry for grades K-5. We meet for five weeks on Tuesday afternoons from 4:30 p.m. until 5:45 p.m., beginning Sept. 24. You can learn more and register your child online - <http://bit.ly/kwppfall2019>.

Children's Ministry Sunday School Teachers

Please drop in this Sunday to pick up your teaching packets and get updates for the year. All information will be in Room 128 during the Homecoming Celebration (from 11 a.m. until 1 p.m.). Thank you SO much for your service to our children!

Rally Sunday

Sunday School classes begin on Rally Sunday, Sept. 8, for 2-year-olds through 5th graders. Classes are held each week from 10:10 a.m. until 10:50 a.m. on the Baker Wing. Nursery care is available year-round for ages 8 weeks to toddlers. Please see volunteers on the Sunday School halls for any help needed Sept. 8.

Children's Ministry Committee

There will be a meeting of the Children's Ministry Committee on Sunday, Sept. 22, at 10:15 a.m. in the Library. We look forward to seeing the members of this group and working on plans for another great year!

Youth Ministry

Aug. 28: Meet & Greet to Welcome the New Youth Ministry Team!

All 7th-12th grade families (parents and students) are invited to join us Aug. 28, at 6 p.m. at the church as we welcome Loftin Johnson, our part-time Youth Ministry Coordinator, and our new Director of Youth Ministry Kate Oldham. Dinner will be provided by Armadillo Grill. Youth forms and calendars for the year will be available. Please RSVP to help us plan for dinner - <http://bit.ly/greet19>. Vegetarian and gluten-free options are available. Suggested dinner donation is \$5 per person.

Aug. 29: Welcome to the Table for 6th Grade Students and Families

Welcome to the Table is a time for 6th grade families to come together at church for dinner (Trolley Stop hot dogs!) and to learn about the exciting offerings of Christ Church's Youth Ministry program. Families will be able to meet involved volunteers, learn about programs, and more. Vegetarian and gluten-free dinner options are available. Register here - <http://bit.ly/welcometotable19> - or email Loftin Johnson with questions - ljohnson@ccral.org.

Youth Ministry Prayer Card Sale

New this year! For years, Christ Church Youth Ministry has been creating prayer cards for programs and this year we have limited release available for purchase as notecard sets. Packs of eight cards and envelopes for \$10. They will be available for purchase at Homecoming Sunday, Aug. 25. All proceeds will benefit Youth Ministry. Contact Loftin Johnson - ljohnson@ccral.org.

Confirmation for Youth 2019-2020: DUE NOW!

Confirmation is a sacramental rite where you are affirming your covenant, or promise, from Baptism that was made by your parents. Confirmation is your turn to prepare and renew or strengthen your beliefs. In Confirmation we ask for God's help in our relationship with God and with the Church. There is not a set time in life to be confirmed. Everyone must answer for themselves "I do", "I Believe," and "I will with God's Help." Your church and family provide the support, but it is your decision. We begin to offer confirmation as a class for students during their 8th grade year; however, you can be confirmed at other ages as well. Confirmation registration and information is on the Christ Church website under the youth page. For any questions, please contact Liz Stroff, lstroff@ccral.org. We are looking forward to a wonderful year.

Confirmation registration is due NOW: <http://bit.ly/19confirmation>

Sponsors registration is due September 15: <http://bit.ly/19sponsors>

Youth Ministry

Middle School Bible Study

Sept. 10, 17, and 24, from 6:30 p.m. until 7:45 p.m. | <http://bit.ly/sept19msbible>

This Bible study provides a time of connection and fellowship for students in grades 6-8 in a small group setting. Starting with dinner, followed by a program, we explore topics and stories in the Bible and how they relate to us today. We'll incorporate games, activities, conversation and more. A \$15 registration fee helps cover the cost of meals and other materials. Registration deadline is Sept. 3. Contact Kate Oldham - koldham@ccral.org.

Freshman Fellows - a small group for high school freshmen

Sept. 10, 17, and 24, from 6:30 p.m. until 7:45 p.m. | <http://bit.ly/sept19ff>

Freshman Fellows is a small group for high school freshmen facilitated by adults and high school juniors in the fall semester. As students enter high school their lives can be filled with new experiences and communities. This is an exciting and adventurous time, but can also be overwhelming. Freshman Fellows is designed to encourage and support students as they begin formation in high school. Our focus will be on how to balance spiritual, social, and academic life, as well as our relationship with God, self, and others. A \$15 registration fee helps cover meals and other materials. Registration deadline is Sept. 3. Contact Loftin Johnson - ljohnson@ccral.org.

Junior Journey

Sept. 10, 17, and 24, from 6:30 p.m. until 7:45 p.m. | <http://bit.ly/journey919>

Students and their leaders will experience a topic-based series focused on relevant themes and community building as they seek to discover who they are and connect with each other and God. A \$15 registration fee helps with materials and meal costs. Registration deadline is Sept. 3. Contact Loftin Johnson - ljohnson@ccral.org.

Senior Voyage, Part I: A series for high school seniors

Sept. 10, 17, and 24, from 6:30 p.m. until 7:45 p.m. | <http://bit.ly/voyage919>

The Senior Voyage is a guided discussion allowing focus to discern, grow, and study about what is next to come in your life. Senior year is a wonderful time of discovering what can lie ahead, but can also be a time of stress and pressure as you try to navigate through applications, deadlines, and expectations. This four week group study will explore all those exciting and often nerve wracking decisions. We will focus on how to balance your spiritual, social, and academic life while away at school, looking at our relationship with God, self, and others. A \$15 fee helps to cover dinner and other materials. Registration deadline is Sept. 3. Contact Liz Stroff - lstroff@ccral.org.

Episcopal Youth Community (EYC)

EYC is a Sunday evening program that meets throughout the academic year. EYC gives students a space to explore, learn, and sustain their relationship with Christ, learn more about the church, and find ways to connect with peers through food, fellowship, prayer and fun! Most Sunday evenings youth and volunteers will meet in the Baker Wing Basement Room 012. Junior and Senior EYCs are split for activities and games, but we all eat together in between programs. Throughout the school year, we'll take trips, do service work, and hang out around town. All are welcome to join us whenever possible!

September EYC Sundays - Sept. 8, 15, 22, 29

Jr. EYC grades 7-8 - 5:30 p.m. until 6:30 p.m.

Dinner (all grades) - 6:30 p.m. until 7 p.m.

Sr. EYC grades 9-12 - 7 p.m. until 8 p.m.

6th Grade Pre-EYC

Pre-EYC for 6th graders will meet this fall on Oct. 6, Nov. 17, and Dec. 1 & 8, from 5:30 p.m. until 6:30 p.m. at Christ Church. The 6th graders also have a retreat to Camp Caraway Nov. 2-3. Beginning in January, the 6th graders join Jr. EYC and meet each Sunday that regular EYC meets. We hope you will join our group for some fun and fellowship! Join us this Tuesday, Aug. 29, at 6:30 p.m. for more info.

"Episcopally Speaking"

A closer look at the language and movements of the Episcopal Liturgy.

The Sign of the Cross - The sign of the cross is made by touching one's forehead, center chest, left shoulder, right shoulder. Although you might see many making the sign of the cross throughout the service, it is never a required part of the worship. The sign of the cross essentially means "Amen." The beginning and end of prayer, the end of the Gloria and the Creed, when receiving absolution or a blessing, and before or after you receive communion are just a few places you can incorporate in the sign of the cross. If you are interested in taking this on as a prayer practice, it is good to watch other participants and you can find times in which you could add the sign of the cross throughout the worship service.

FALL FORMATION OFFERINGS

Women's Bible Study led by the Rev. Mary Davila

Beginning Sept. 25, the Rev. Mary Davila will lead a study that continues to look at "Walk in Love: Episcopal Beliefs and Practices" by Melody Shobe and Scott Gunn. This group meets on Wednesdays from 9:45 a.m. until 11 a.m. in Room 128. We read the first half of the book last year and loved it. Participation in last year's group is not a requirement to join us this fall. We'll focus on the basic beliefs of our faith, the sacraments of the Church, habits of daily prayer, the Christian life and teachings of the Episcopal Church. Contact Mary to learn more - mdavila@ccral.org.

Bible Works with the Rev. Jim Adams

Beginning Tuesday, Oct. 1, the Rev. Jim Adams will lead an in-depth exploration of the Gospel of Matthew. Bible Works: Tools for Living, will take place each week at 7 a.m. and noon, in the Parish Hall. The same lecture is offered twice for the convenience of participants. On Tuesday mornings, we'll have biscuits and coffee; we serve chips and beverages at noon and participants are invited to bring their lunch.

4-Part Book Study with the Rev. Jenny Brown

Oct. 20 & 27, and Nov. 17 & 24, the Rev. Jenny Brown will lead a book study on, "Holy Envy: Finding God in the Faith of Others," by Barbara Brown Taylor. God in Jesus Christ calls us to "love our neighbors as ourselves." But, how can we do this if we do not know what our neighbor holds sacred? Please join us as we venture to deepen our own commitment to Christ, even as we honor the faith traditions of others around the world. This class will take place in Room 128 at 10:10 a.m. You can purchase your copy of the book at church on Sundays, Aug. 25, and Sept. 8. To register for a spot in the class, please contact Jenny at jbrown@ccral.org.



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