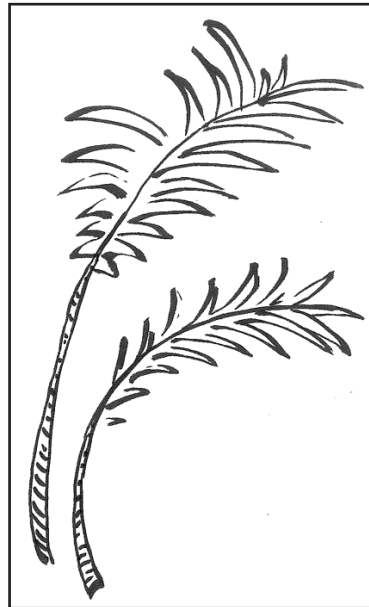
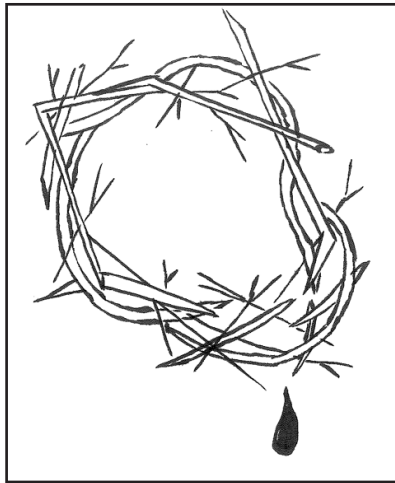
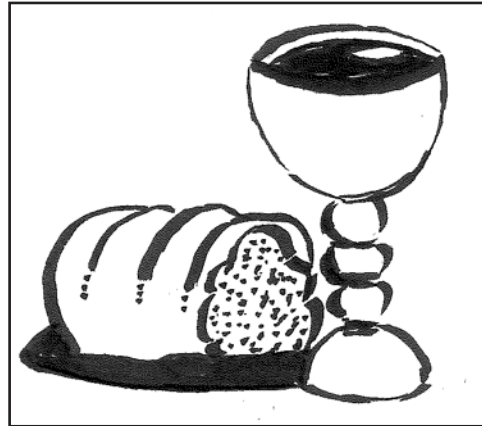
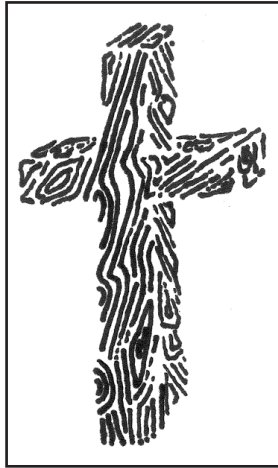


ENTER, REST AND PRAY



SERVICE OF HOLY EUCHARIST

SUNDAY, MARCH 19, 2023

FOURTH SUNDAY IN LENT



CHRIST CHURCH
ON CAPITOL SQUARE

A PARISH OF THE EPISCOPAL DIOCESE OF NORTH CAROLINA

CHRIST CHURCH

ON CAPITOL SQUARE

We're glad you're here. Please help us get to know you by filling out a welcome card and placing it in the offering plate.

To learn more about Christ Church and getting involved, please contact Cooper Bratton, our Parish Life Coordinator - cbratton@ccral.org.

Children of all ages are welcome to join us for worship. Nursery care is available. Greeters at the Church entrances can assist you with seating and/or direct you to our nursery.

PRAYER CONCERNS & PASTORAL CARE

During regular office hours, please contact Karen Connor McGugan - kconnormcgugan@ccral.org or (919) 834-6259 ext. 106 - for pastoral care needs. To report a pastoral emergency during non-business hours, please call the main parish number and follow the prompt to leave a message for the priest on call.

Church & Parish Hall Equipped with Hearing Loops

We have a hearing loop in the Church and Parish Hall for those who have t-coil hearing aids and cochlear implants. Please let us know if you have questions regarding this resource by calling 919-834-6259.

ABOUT OUR LITURGY

The Book of Common Prayer (BCP, the red book in your pew) contains our prayers and services for our life as a church. We call these our liturgies. Our liturgies for Holy Eucharist, Baptism, Marriages and Burials, daily prayers, and for prayers and worship over almost any human experience live deep within the words of the BCP.

For a more in-depth look at the Episcopal Church and our beliefs, we invite you to look at page 845 of the BCP.

IN YOUR PEW

"BCP" *The Book of Common Prayer* (red book)

Hymn *The Hymnal* 1982 (blue book)

Service Music (S) references are found in the front of *The Hymnal* 1982.

Large print versions of *The Book of Common Prayer* are available from any member of the usher team.

CLERGY

The Rev. James P. Adams
Rector

The Rev. David Frazelle
Senior Associate Rector

The Rev. Mary Davila
Assistant Rector

The Rev. Daniel J. Reeves
Associate Rector

MUSICIANS

David Jernigan
Organist/Choirmaster

SERVICE OF HOLY EUCHARIST
RITE II (9 A.M.)

VOLUNTARY

Psalm Prelude, Set 1, No. 3

Herbert Howells

*Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;
thy rod and thy staff they comfort me.*

Ps 23:4

PROCESSION

Tell out, my soul, the greatness of the Lord

Hymn 437

THE WORD OF GOD

OPENING SENTENCES

BCP 355

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures for ever.

COLLECT FOR PURITY

BCP 355

THE COLLECT OF THE DAY

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

FIRST READING

Psalm 23

GOSPEL HYMN

Amazing grace! how sweet the sound

Hymn 671

Arr. Jernigan

GOSPEL READING

John 9:1-41

Priest: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory to you, Lord Christ.

Printed on page 6

Priest: The Gospel of the Lord.

People: Praise to you, Lord Christ.

SERMON *Please be seated.*

The Rev. James P. Adams

PRAYERS OF THE PEOPLE

Printed on page 11

CONFESSION OF SIN AND ABSOLUTION

BCP 360

THE PEACE

BCP 360

Ministers and People may greet one another in the name of the Lord.

CHILDREN'S HOMILY *Please be seated. All children are welcome to gather in the crossing.*

ANNOUNCEMENTS *Please be seated.*

THE HOLY COMMUNION

OFFERING OF OUR GIFTS TO GOD

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. (Ephesians 5:2)

OFFERTORY ANTHEM

Lord for thy tender mercy's sake

Farrant

DOXOLOGY *Please stand.*

**Praise God from whom all blessings flow; praise Him, all creatures here below;
Praise Him above, ye heavenly host; praise Father, Son, and Holy Ghost.**

THE GREAT THANKSGIVING

BCP 367

SANCTUS

S 129

THE LORD'S PRAYER

BCP 364

THE BREAKING OF THE BREAD

BCP 364

ADMINISTRATION OF THE SACRAMENT *Please be seated.*

All are welcome to receive Holy Communion. Ushers will direct those seated in the balconies to receive communion first, followed by those seated on the floor of the nave. For a gluten-free wafer, extend your hands, palms down. Both at the communion rail and at the floor station, we welcome you to receive - drink or dip - from the chalice. If you prefer not receive from the cup, simply cross your hands across your chest to let the chalice bearer know. Please be assured it is full communion with bread alone. Please notify an usher if you would like to receive Holy Communion at your seat.

COMMUNION MOTET

Ubi caritas

Ola Gjeilo

EUCHARIST HYMN

Bless'd Jesus, at thy word

Hymn 440

SENDING OUT OF LAY EUCHARISTIC VISITORS

Priest: In the name of this congregation, I send you forth bearing these holy gifts to _____ that *they* may share with us in the communion of Christ's body and blood.

All: Because we who are many are one body in Christ, we share one bread, one cup.

PRAYER OF THANKSGIVING *Please stand or kneel.*

BCP 365

BLESSING

BCP 366

CLOSING HYMN

Father eternal, Ruler of creation

Hymn 573

DISMISSAL

BCP 366

The People respond: **Thanks be to God.**

VOLUNTARY

Passacaglia in C minor, BWV 582a

J.S. Bach

SCRIPTURE READINGS

I SAMUEL 16:1-13

The Lord said to Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.” Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the Lord said, “Take a heifer with you, and say, ‘I have come to sacrifice to the Lord.’ Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.” Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” He said, “Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now before the Lord.” But the Lord said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart.” Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the Lord chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the Lord chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The Lord has not chosen any of these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

PSALM 23

- 1 The Lord is my shepherd; *
I shall not want.
- 2 He maketh me lie down in green pastures *
and leadeth me beside the still waters.
- 3 He restoreth my soul *
he leadeth me in the paths of righteousness for his name’s sake.
- 4 Yea, though I walk through the valley of the shadow of death,
I will fear no evil; *
for thou art with me;
thy rod and thy staff, they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies; *
thou anointest my head with oil,
my cup is runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever.

EPHESIANS 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

GOSPEL READING

JOHN 9:1-41

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know." They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

SERVICE OF HOLY EUCHARIST
RITE I (11 A.M.)

VOLUNTARY

Psalm Prelude, Set 1, No. 3

Herbert Howells

*Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;
thy rod and thy staff they comfort me.*

Ps 23:4

PROCESSION

Tell out, my soul, the greatness of the Lord

Hymn 437

THE WORD OF GOD

OPENING SENTENCES

BCP 323

Celebrant: Bless the Lord who forgiveth all our sins.

People: His mercy endureth for ever.

COLLECT FOR PURITY

BCP 323

SUMMARY OF THE LAW

BCP 324

CANTICLE

Kyrie

S 95

THE COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

SCRIPTURE LESSON

Ephesians 5:8-14

Printed on page 5

THE RESPONSE

Psalm 23

Printed on page 5

GOSPEL HYMN

Amazing grace! how sweet the sound (*vs. 2 & 4, choir only*)

Hymn 671
Arr. Jernigan

GOSPEL READING

John 9:1-41

Priest: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory be to thee, O Lord.

Printed on page 6

Priest: The Gospel of the Lord.

People: Praise be to thee, O Christ.

SERMON <i>Please be seated.</i>	The Rev. James P. Adams
NICENE CREED	BCP 326
PRAYERS OF THE PEOPLE	Printed on page 11
CONFESSION OF SIN AND ABSOLUTION	BCP 331
THE PEACE	BCP 332

Ministers and People may greet one another in the name of the Lord.

ANNOUNCEMENTS *Please be seated.*

THE HOLY COMMUNION

OFFERING OF OUR GIFTS TO GOD

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. (Ephesians 5:2)

OFFERTORY ANTHEM

Psalm 23, from *Requiem*

John Rutter
Martin Brinkley, Oboe

The text of this anthem is that of today's Psalm.

DOXOLOGY *Please stand.*

**Praise God from whom all blessings flow; praise Him, all creatures here below;
Praise Him above, ye heavenly host; praise Father, Son, and Holy Ghost.**

THE GREAT THANKSGIVING BCP 340

SANCTUS S 117

THE LORD'S PRAYER BCP 336

FRACTION ANTHEM S 160

**Lamb of God, you take away the sins of the world: have mercy upon us.
Lamb of God, you take away the sins of the world: have mercy upon us.
Lamb of God, you take away the sins of the world: grant us peace.**

THE BREAKING OF THE BREAD BCP 337

ADMINISTRATION OF THE SACRAMENT *Please be seated.*

All are welcome to receive Holy Communion. Ushers will direct those seated in the balconies to receive communion first, followed by those seated on the floor of the nave. For a gluten-free wafer, extend your hands, palms down. Both at the communion rail and at the floor station, we welcome you to receive - drink or dip - from the chalice. If you prefer not receive from the cup, simply cross your hands across your chest to let the chalice bearer know. Please be assured it is full communion with bread alone. Please notify an usher if you would like to receive Holy Communion at your seat.

COMMUNION MOTET

Wash me thoroughly

Samuel Sebastian Wesley

*Wash me throughly from my wickedness, and forgive me all my sin.
For I acknowledge my faults and my sin is ever before me.*

EUCCHARIST HYMN

Bless'd Jesus, at thy word

Hymn 440

SENDING OUT OF LAY EUCHARISTIC VISITORS

Priest: In the name of this congregation, I send you forth bearing these holy gifts
to _____ that *they* may share with us in the communion of Christ's body
and blood.

All: Because we who are many are one body in Christ, we share one bread, one cup.

PRAYER OF THANKSGIVING *Please stand or kneel.*

BCP 339

BLESSING

BCP 339

PROCESSION

Father eternal, Ruler of creation

Hymn 573

DISMISSAL

BCP 339

The People respond: Thanks be to God.

VOLUNTARY

Passacaglia in C minor, BWV 582a

J.S. Bach

Join us to celebrate
200⁺
YEARS
of Christ Church

We hope you will join us this spring as we celebrate 200 years of Christ Church. To honor the bicentennial, we're hosting a few events and special opportunities to remember our past and look to the future of our beloved parish.

We invite you to an additional ACF session today, where you'll continue to learn about the deep history of Christ Church from parishioners, as the last part of a three-part series.

On Friday, April 21, from 7-10 p.m., we'll share heavy hors d'oeuvres and fellowship as we honor our treasured history. We ask that you make a suggested donation of \$50 per person to attend this event. Please visit bit.ly/cc200th to register.

Sunday, April 23, we will host a "birthday party" for our church, complete with cake, fun games, and celebrations. All ages are welcome!

March 19, 2023

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Lector:

I ask your prayers for God's people throughout the world; for our Bishops, Sam and Jennifer; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble, especially **Janice Bromfield, Deborah Penn, Steve Hoar, Jacqueline Savage, Ruby Burgess, Branch Alexander, Bobbi Musselwhite, Irene Rasmussen, Gordon Folger, Danny Medlin, June Finkbeiner, J.B. Davis, Brinn Louise Bittner, Shaw Garrison, Gloria Hulme, Daniel Penn, Jerry Hardesty, Greer Begbie, Bill Lambeth, Allison Guess, Chuck Wachtel, Beca Hughes, Tom Krisulewicz, Duncan McMillan, Sandra Smith, Thomas Hash, Nick Smith, Joseph Qubain, Simon Dixon, and Jeremiah Starling.**

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him.

Silence

I ask your prayers for the departed, especially **Earl Johnson Jr.**, father of Earl Johnson III and father-in-law of Carolyn Johnson. Pray for those who have died.

Silence

I ask your thanksgiving for the students, staff and chaperones on this weekend's eighth grade retreat.

Silence

I ask your prayers for all whose lives have been devastated by natural disaster, war, upheaval, and fear. May God's peace that passes all understanding provide them with comfort and hope, and inspire us to be agents of healing and love. I ask your prayers for those expecting the birth of a child, especially **Katie Erk & Reid Jackson**, as well as for those experiencing infertility and pregnancy loss. Pray also for the refugee families who are being mentored by this congregation.

Silence

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

Silence

Priest:

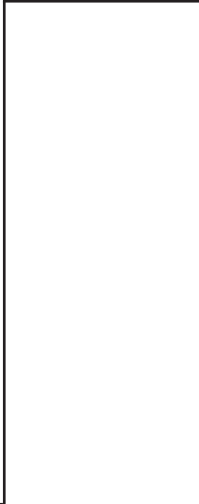
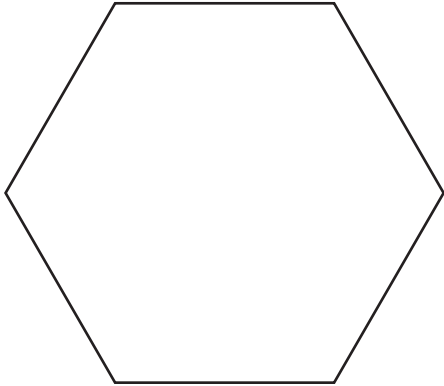
Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. *Amen.*



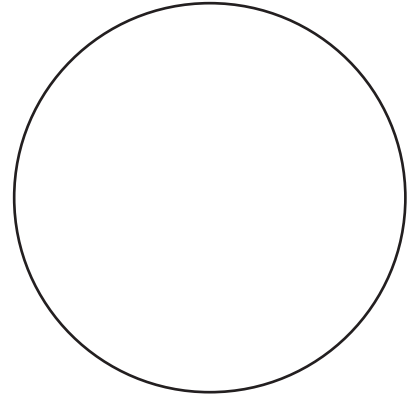
Preacher:

Gospel Reading:

Favorite hymn:

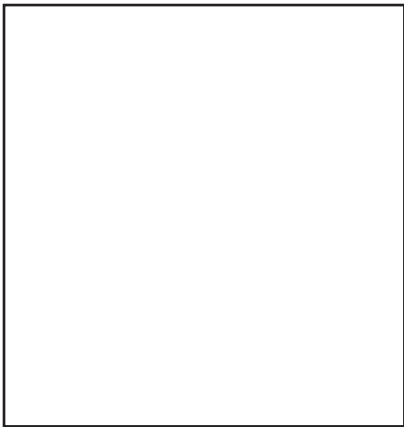


Favorite prayer:

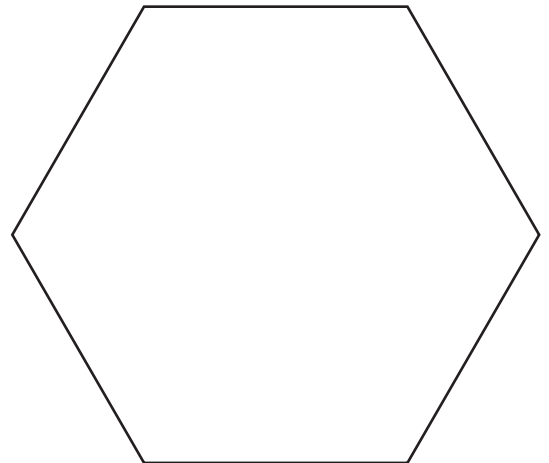


Color the cross to match the altar

Words that made me think:



Words I didn't understand:



My name: _____

PARISH WEEKLY

SUNDAY, MARCH 19, 2023

FOURTH SUNDAY IN LENT

Vestry Person of the Week

John Purrington

919-412-0072

jvp@carrst.com

SERVING TODAY

ALTAR GUILD

Group I: Kathryn Koonce & Marla Futrell

USHERS

Team G: Bill Mebane's team, Mike Roush's team, Earl Johnson & Dion Ousley

VERGERS

Harry McKinney & Kirkland Hendrickson

LECTORS

Mary Allison Bunch, Valerie Cozart, Jim Hardy, Howard Ellington

INTERCESSORS

Jaap Van Kretschmar & Tony Maupin

ACOLYTE LEADERS

Clark Jenkins & John Goins

ACOLYTES

William Parker, Pierce Simpson & Spencer Koste

CHALICE BEARERS

Luke Harvin, David Cozart, Marti Medford, Steven Wilson, Jane Forde, Jim Hardy, Jesse O'Neal, Frank D'Allegro, Barbara Gerlach, Sandra Griffin, Dane Huffman

NEXT SUNDAY: MARCH 26

Fifth Sunday in Lent

Preaching: The Rev. Daniel J. Reeves

8 a.m. - Holy Eucharist I (Chapel)

9 a.m. - Holy Eucharist II

11 a.m. - Holy Eucharist I

5 p.m. - Holy Contemplative Eucharist

Worship Service Schedule

Join us Sundays at 8 a.m. (chapel), 9 a.m., 11 a.m., and 5 p.m. in the Church for worship services. *Tuesday, March 28 will be the last 8:05 Eucharist of the program year.*

Nursery & Childcare

Children of all ages are welcome to join us in the sanctuary for worship. Nursery care is also available for ages 8 weeks through 4 years old each Sunday from 8:45 a.m. to 12:30 p.m. Greeters at the church entrances can assist you with seating and/or direct you to our nursery.

Morning Prayer

Join us for a weekly Thursday morning service of Morning Prayer (Rite II) from the Book of Common Prayer in the chapel at 8 a.m. This service is led by lay Daily Prayer leaders of the church, and open to anyone who would like to attend. For more information, contact The Rev. Daniel J. Reeves via dreeves@crral.org.

Adult Christian Formation

ACF is held Sunday mornings from 10:10-10:50 a.m. in the parish hall. Our theme is "Un-Common Table": Where the sacred meets the ordinary; where all belong; where we nourish our bodies and souls, fed by the bounty of the earth.

View the upcoming speaker lineup below:

Today, March 19: Sherwood Smith & Peter Scott, Christ Church parishioners

"The Last Sixty Years: Growth-Expansion-Preservation-Change: 'What Christ Church has needed, the Lord has provided'"

Pit Stop for Parents, with Liz Howes

"Prayer and Parenting"

Cultivating a faithful life of prayer can be intimidating, especially when it comes to sharing within our families. Join us from 10:10 - 10:50 in the library as we focus on practices that you can incorporate into your daily life to encourage prayer for you and your family.

Next Sunday, March 26: Kimberly Jones, Downtown Raleigh Alliance; Darlene McClain, DRA Social Services Outreach Ambassador; Officer Maddy Horner, Raleigh A.C.O.R.N.S Team; Tosharia Brown, Oak City Cares

"Caring and Connecting in Community"

Local leaders will talk about the impact of the pandemic on Downtown Raleigh, and how the area is seeking to move forward, with a special emphasis on caring for those who are homeless in our community.

PARISH LIFE

Christ Church Pilgrimage - Register by March 20!

Christ Church is offering a Pilgrimage to Highlight Racial Equity and Social Justice from May 31 to June 4, 2023. The group will travel together from Raleigh to Atlanta, Montgomery, and Selma. Trip capacity is around 30 people. Learn more via bit.ly/ccralpilgrimage, and register via bit.ly/pilgrimageereg. Be sure to use group code 23041. Registration deadline is March 20. Please email Stacy Arch at stacyaarch@yahoo.com with any questions.

Centering Prayer Group

Centering Prayer is a form of Christian contemplative prayer. No prior experience is necessary. Join us on Thursdays in Room 128 from noon to 1:15 p.m. to learn more about and to practice this prayer. For more information, please contact The Rev. David Frazelle at dfrazelle@ccral.org, or 919-834-6259 (ext. 103).

Wednesday Women's Group

The Wednesday Women's Group is studying "The Sermon on the Mount: A Beginner's Guide to the Kingdom of Heaven" by Amy-Jill Levine. We will use this text to lead us through an exploration of Matthew 5-7. To sign up for the class, led by The Rev. Mary Davila, please email Mary at mdavila@ccral.org. We meet on Wednesdays from 9:45-11 a.m. in the All Saints' Room.

Lenten Yoga

Join Deborah Benton on Fridays, during Lent at 9:45 a.m. in room 128 (the All Saints' Room). Let us open our hands and hearts through movement and breath. No experience necessary.

Ladies' Basketball Team

Please join us at all, none, or just one of these practices. We're keeping the momentum going and are having a lot of fun. Thank you to our coaches, Will McElroy and Surry Wood, for leading our team. Please spread the word and contact Katie Wood (katie.bruce33@gmail.com) if you're interested in joining. We'd love to see you at the Halifax Community Center: March 21 (11 a.m.-noon, 1st scrimmage).

Daughters of Christ Church - May 17

Daughters of Christ Church provides an opportunity to bring together our female parishioners for an evening of fellowship. We are pleased to announce the return of this event on Wednesday, May 17 at 5:30 p.m. This year, our speaker will be Sister Helen Prejean- Catholic nun, author, and social justice advocate, who is most known for her work against the death penalty. Through her numerous publications and speaking engagements, Sister Helen calls us to draw closer to Christ by "waking up to the suffering of others." Please save the date and join us for an evening of meaningful engagement. More information on details and ticket sales coming soon!

PASTORAL CARE

Pregnancy Loss and Infertility Discussion – March 21

Pregnancy loss and infertility are difficult trials that many people experience, but it can be difficult to find spaces in which to talk about those experiences and to grieve those losses. On the evening of March 21, from 6-7:15 p.m., two skilled facilitators will be with us to share resources for navigating this kind of loss and grief and to foster a discussion about it. The Rev. Phillip Bass is an Episcopal Priest and an experienced Mental Health Counselor. His colleague Kristin Mastro is an experienced Mental Health Counselor, as well. If you or your partner has experienced pregnancy loss or infertility, we invite you to join us for this discussion. *Clergy are also available for any individual pastoral needs or concerns.* Register via bit.ly/mar21discussion

Prayer Shawl Knitters Needed!

The Prayer Shawl Guild is seeking knitters and crocheters of any skill level to join the guild. Members knit and crochet prayer shawls for parishioners who have experienced loss or illness. The guild meets the first Thursday of each month in the church library from 1:15-2:30 p.m. If you would like to join or you have questions, please contact Carol Taylor at caroltaylor50@gmail.com or Jewel Wynns at jswynns@nc.rr.com.

OUTREACH

Habitat Volunteers Needed – March 25

Join the Episcopal Coalition at Old Poole Place from 8:15 a.m. to 3:30 p.m. Volunteers must be 16+, and no skills are required! Register online via bit.ly/habitatbuild23

Wake Relief Volunteers Needed!

Things have gotten really busy at Wake Relief and we need your help to relieve hunger in Wake County. To work a shift or be part of a driving team three Saturday mornings a year, please contact Laura Rogers via brcactus@aol.com or (919) 605-3125 for further information. Thank you for all your help!

MUSIC MINISTRY

Music of Sacrifice & Salvation - April 2, 5 p.m. concert

The Raleigh Bach Soloists and Christ Church Brass present a concert of beautiful and vibrant music including John Ireland's dynamic and triumphant meditation on the cross, Vexilla Regis, Francis Poulenc's dark and beautiful a cappella Mass in G Major, and the world premier of David Jernigan's "Ah, holy Jesus" for congregation, choir, brass quartet, and organ. *This concert will be held at Christ Church in place of the 5 p.m. service on Palm Sunday.* It is free, and open to all.

CHILDREN'S MINISTRY

2nd-5th Grade Movie Night - March 22

Join us for dinner and a movie, open to grades 2-5 on Wednesday, March 22 from 5:45-7:45 p.m. We will be watching "Hop," as we prepare for Easter with our church friends and enjoy a pizza dinner and treats! Let us know you'll be there via bit.ly/hopmovie23

Journey to Holy Week Service for Children & Families – March 29

Please join us Wednesday, March 29, at 5:30 p.m. for our Journey to Holy Week service. This service invites children to follow in Jesus' footsteps through the final days of his life. We'll begin with the celebration of Palm Sunday, which will even include a live donkey! Then we will move through the events of Holy Thursday, taking part in the ritual of foot-washing and remembering the last meal Jesus shared with his friends. We will remember the final days of Jesus' life with prayers and song and the service will end with the promise of Easter resurrection. This will be a 45-minute service, and pizza will be served after.

Vacation Bible School – Aug. 7-11

VBS will take place Monday, Aug. 7 through Friday, Aug. 11, from 9 to noon each day. Ages three through current fourth graders are able to register for a week of time with friends and fun at church. Each day, we will enjoy a lesson with our clergy, along with art, games, music and more! Register today via bit.ly/vbs23

YOUTH MINISTRY

High School Forum - March 26

Sunday mornings from 10:10 to 10:50 a.m., we are offering a High School (grades 9-12) morning program focusing on relevant life topics. Forum will be offered twice per month in the parlour, and feature guest speakers from the parish and beyond. Upcoming forum dates include March 26, April 16 & 30, and May 7.

Episcopal Youth Community (EYC) - TONIGHT!

EYC is held weekly on Sunday evenings for grades 6-12 and provides a space for students to explore, deepen, and sustain their relationship with Christ, learn more about the church, and find ways to connect with peers. Junior EYC (grades 6-8) is 5 to 6 p.m., dinner (all grades) is from 6 to 6:30 p.m. and Senior EYC (grades 9-12) is from 6:30 to 7:30 p.m.

EYC Dinner Volunteers Needed!

We are in need of families to help provide meals for youth group on Sunday nights. Volunteers plan, prepare, serve and clean up for meals with a team of four people. For more information or to sign up, visit bit.ly/eycdinner

Youth Confirmation Focus Classes

Come for EYC and dinner, and stay for focus class! *All classes are 6:30 to 7:30 p.m. in the sanctuary unless otherwise communicated.*

Wednesday, March 22 - Philip Isley
Sunday, April 16 – The Rev. David Frazelle

Glory Ridge - June 25-29

Youth, rising grade 8 - graduating grade 12, are eligible to serve on our summer mission trip to Glory Ridge, June 25-29. Glory Ridge is a multi-denominational Christian camp founded in 1973. The camp is located in Madison County, N.C. on 28 acres overlooking the French Broad River. Students work with the Madison County Housing Coalition providing services like painting, roof repair, or plumbing. Glory Ridge provides us with a staff member who serves as our daily site manager. We travel by vans to Glory Ridge and all meals will be made onsite by our kitchen crew. The trip cost \$250 and includes most meals, travel and building materials. Register by Thursday, March 30 via bit.ly/gloryridge23

CROSSWINDS (MID-20S TO MID-40S)

Let's Celebrate Spring! – March 23

Join us at Lynnwood Brewing Concern (1053 E Whitaker Mill Rd.) on Thursday, March 23, from 5:30-7 p.m. for an evening of fellowship and fun. If you have any questions, email The Rev. Daniel J. Reeves via dreeves@ccral.org.

Cooking Crew - April 13

The Crosswinds Cooking Crew meets on the second Thursday of each month from 5-7 p.m., and provide food for Pastor's Aide and Outreach. No cooking skills are required! Join us for fellowship and cooking. Sign up via bit.ly/cccookingcrew23 to join us!

Low Country Boil - April 27

Join us on Thursday, April 27 in the South Courtyard as we gather together for a Low Country Boil. Stay tuned for more information to come.



HOLY WEEK

APRIL 2-9

PALM SUNDAY, APRIL 2

8 a.m. service in the chapel, *9 a.m., *11 a.m. services in the Church, 5 p.m. concert; no ACF/Sunday School

Music of Sacrifice & Salvation - 5 p.m. concert

The Raleigh Bach Soloists and Christ Church Brass present a concert of beautiful and vibrant music including John Ireland's dynamic and triumphant meditation on the cross, Vexilla Regis, Francis Poulenc's dark and beautiful a cappella Mass in G Major, and the world premier of David Jernigan's "Ah, holy Jesus" for congregation, choir, brass quartet, and organ. This concert is free and open to all.

HOLY MONDAY, TUESDAY & WEDNESDAY, APRIL 3-5

12 p.m. service of Holy Eucharist in the Chapel

THE THREE GREAT DAYS

The final three days leading up to Easter are referred to as the Easter Triduum. A triduum is a period of three days of preparation for any feast day; however, in the Episcopal Church the Triduum is most frequently used for Maundy Thursday, Good Friday, and Holy Saturday.

MAUNDY THURSDAY, APRIL 6

7 p.m. service of Holy Eucharist and Stripping of the Altar in the Church

GOOD FRIDAY, APRIL 7

12 p.m. Good Friday liturgy in the Church; the Passion Gospel will be read at this service; choral music provided by staff singers

7 p.m. Good Friday liturgy in the Church; the Passion Gospel will be sung by the choir at this service

THE GREAT VIGIL - SATURDAY, APRIL 8

7:30 p.m. Easter Vigil service will begin in the South Courtyard

EASTER DAY, APRIL 9

8 a.m. (outside weather permitting), *9 a.m. and *11 a.m. services in the Church; no 5 p.m. service

**This year's Easter offering will go toward earthquake relief efforts in Turkey and Syria.*

Please bring flowers from your garden to "Flower the Cross" on Easter morning. Extra flowers will be available so that all may participate.

There will also be an Easter egg hunt for children of all ages on Easter Day in between the 9 a.m. & 11 a.m. services. Please remember to bring your own basket.

DETAILS ABOUT EACH OF THESE SERVICES AND OFFERINGS ARE AVAILABLE AT CCRAL.ORG.

** Childcare Provided*

EASTER LILY & MUSIC MEMORIALS - DUE APRIL 2

If you would like to honor or remember a loved one through the gift of music and/or lilies for our Easter Sunday services, please submit information using the links below.

Easter Lilies: bit.ly/lilies23

Easter Music: bit.ly/eastermusic23